Dear Mental Health Professionals:

Post Traumatic Stress Disorder is our focus in this issue of the Project INTERFACE Newsletter, which features two continuing education programs: Recent Advances in Psychological Treatment of PTSD and When a Parent Has Gone to War: Building Services for Children in Military Families, plus tips and recent research. We hope you will find the information helpful, and share it with your clients as appropriate.

Project INTERFACE continues to receive overwhelmingly positive feedback from both providers and parents. We recently heard from Susan Falkoff, LICSW, who gave us permission to share her response:

"Project INTERFACE does a terrific job matching the student with an appropriate professional - making the process an easy one for both the family and the therapist."

Thank you in advance for responding to this e-mail. We look forward to receiving your updated profile, sending you appropriate referrals, and working together to improve access to mental health services.

Thank you again to all providers who participate in Project INTERFACE. If you have not yet updated your profile, please e-mail us at updates@projectinterface.org to receive instructions for easy updating online.

Spotlight on Upcoming Events

National Military Family Association: Operation Purple

The National Military Family Association's Operation Purple camps are a time for having fun, making friends, and reminding military kids that they are the Nation's youngest heroes.

The Operation Purple program was created in 2004 to fill a need identified by military parents to help children of military families. The mission of the Operation Purple program is to empower military children and their families to develop and maintain healthy and connected relationships, in spite of the current military environment. The Operation Purple program also includes leadership camps for teens, family retreats at the national parks, and camps geared to address the needs of children and families of our nations wounded service members.

For more information regarding the Operation Purple program visit militaryfamily.org/our-programs/operation-purple.
Continuing Education for Mental Health Professionals

**Recent Advances in the Psychological Treatment of PTSD**

**Date:** Friday, March 26, 2010  
**Time:** 9:00 am- 4:30 pm  
**Instructor:** Terence M. Keane, PhD  
**CE Credits:** 6 CE Credits  
**Tuition:** $135  
**Location:** MSPP  
**Program No:** PTSD

Recent advances in the psychological treatment of PTSD, with veterans and the broader population, indicate that there are now multiple treatments available with great promise and demonstrated efficacy. This course recaps the theoretical conceptualization underlying many of the proven treatments, examines extant literature on treatment efficacy, critiques approaches employed in studying treatments outcome, identifies gaps in treatment literature, and presents strategies to improve and enhance the acceptance and adaptation of treatments in clinical settings.


**When a Parent Has Gone to War: Building Services for Children in Military Families**

**Date:** Saturday, April 24, 2010  
**Time:** 9:00 am- 1:00 pm  
**Instructors:** Ellen R. DeVoe, PhD, LICSW, Betsy McAlister Groves, MSW, LICSW, and Ruth Paris, PhD, LICSW  
**CE Credits:** 4 CE Credits  
**Tuition:** $85  
**Location:** MSPP  
**Program No:** YC40

Military families with young children face many stressors outside the experience of most of their neighbors, including absent parents, the threat of injury or death, and the disconnect between life for the deployed parent and for the family at home. Our presenters provide an orientation to working with military families who have very young children. They introduce us to the widely-applied model of the "cycle of deployment" and describe the adjustments and transitions that young children and their parents face throughout each phase of deployment. The presenters share how they developed their home-based, model program for very young children whose parents are returning from deployment, and share the stories of families with whom they have worked.


**Working With Families of Soldiers and Veterans: An Introduction for Clinicians**

**Date:** Friday, June 11, 2010  
**Time:** 9:30 am- 12:30 pm  
**Instructors:** Jaine Darwin, PsyD and SOFAR Volunteers  
**CE Credits:** 3 CE Credits  
**Tuition:** $60  
**Location:** MSPP  
**Program No:** VS31
When a soldier deploys or a veteran returns, the whole family is impacted. For mental health clinicians to work effectively with families of soldiers and veterans, they must understand the culture of the military and the unique strains caused by the multiple deployments that characterize the wars in Afghanistan (OEF) and Iraq (OIF). This workshop will allow clinicians to develop cultural competency to work with these families who are vocal about "not wanting to have to train their therapists." The return from war poses special clinical challenges whether a veteran returns intact or suffers from either physical wounds or the signature wounds of OEF and OIF, Post Traumatic Stress Disorder (PTSD) and Traumatic Brain Injury (TBI), invisible wounds of war. Clinicians will learn to help clients cope with these challenges.

To register, visit www.mspp.edu/academics/continuing-education/programs/vs31.asp.

Resources for Helping with Traumatic Grief in Military Children

Excerpted from the National Child Traumatic Stress Network

Military children who experience the death of someone special can develop traumatic grief which can interfere with their ability to grieve and call up comforting memories of the person who died.

Traumatic grief may also interfere with everyday activities such as being with friends and doing schoolwork.

For more information about the unique aspects of military family loss, visit www.nctsnet.org/nccts/nav.do?pid=typ_tg#q4.

Highlight from Recent Research

Researchers discover method to objectively identify PTSD

By measuring magnetic fields in the brain, researchers at the University of Minnesota and Minneapolis VA Medical Center have identified a biological marker in the brains of those exhibiting post-traumatic stress disorder (PTSD).
