Dear Mental Health Professionals:

**Childhood Stress** is the theme for this issue of the Project INTERFACE Newsletter, which features the upcoming MSPP program: Advanced Issues in Parenting Coordination: Working with High Conflict Families, the continuing education program, A Series on Children and Families under Stress, and highlights from mental health media coverage. We hope you will find the information helpful and share it with your clients as appropriate.

We frequently receive messages of appreciation from families such as the following from a parent in a Project INTERFACE subscribing community: "The time when you need help from a therapist is exactly the time when you feel least capable of weeding through the lists of therapists, aligning your insurance information with those who provide for your company, finding someone close by, as well as someone who will be a good fit for your specific issues. Project INTERFACE took all of the difficulty out of the process. Within 24 hours they had found a perfect fit. I highly recommend Project INTERFACE to anyone looking for help."

Project INTERFACE is growing rapidly. We have recently started serving communities in Southern Berkshire County and Westford.

*As always, please let us know if you have openings for new clients, if you have updates to your Project INTERFACE provider profile or if you know a provider who would like to participate in Project INTERFACE.*

If you have not yet updated your provider profile, please e-mail us at updates@projectinterface.org to receive instructions for easy online updating.

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**Spotlight on Upcoming Programs**

**Advanced Issues in Parenting Coordination: Working with High Conflict Families**

**Instructor:** Robin Deutsch, Ph.D.  
**Date:** Friday, March 18, 2011  
**Time:** 9:00 am - 4:30 pm  
**Location:** MSPP, 221 Rivermoor Street, West Roxbury (Boston)
This advanced workshop assumes familiarity with the Parenting Coordination process and focuses on the most challenging clients and issues including working with personality disorders, families with infants and toddlers, and child alienation, and the ethical dilemmas and obligations of working with high-conflict families. We offer strategies to educate parents about conflict and effective parenting. Case examples are presented and small groups analyze and discuss challenging dilemmas.

Robin M. Deutsch, Ph.D., is a psychologist at the Massachusetts General Hospital. She is the Director of Forensic Services of the Children and the Law Program in the Department of Psychiatry at MGH and an Assistant Professor of Psychology at Harvard Medical School. Her work has focused on the application of child development research to children’s adjustment to divorce, the evaluation of families involved in family change, parenting issues, and management of high conflict divorce. Dr. Deutsch has published articles on a number of topics in high conflict divorce, domestic violence, parenting coordination, and parenting in divorce. She is the co-author of 7 Things Your Teenager Can’t Tell You (and How to Talk About Them Anyway) (Ballantine, 2005). She is immediate past president and member of the Board of Directors of the Association of Family and Conciliation Courts (AFCC) and the former president of the Massachusetts chapter of AFCC. She was a member of the AFCC Task Force that developed the Guidelines for Parenting Coordination (2005) and is currently a member of the APA Task Force developing guidelines for Parenting Coordinators for psychologists. Dr. Deutsch is a former chair of the American Psychological Association Ethics Committee. She is frequently invited to provide educational and scientific presentations to judges, lawyers, and mental health professionals.

Pre-registration requested.

To register, visit

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Continuing Education
A Series on Children and Families under Stress: Examining Causes/Effects, Teaching Coping Skills and Learning Stress Reduction Strategies

Date: 4 Thursday Evenings, March 10, 17, 24, 31, 2011
Time: 6:30 pm- 9:00 pm
Location: WarmLines, 225 Nevada Street, Newton, MA
Instructor: Deborah Weinstock-Savoy, PhD
Program Codes: S251, S252, S253, S254
Each Thursday Evening Session: 2.5 CE Credits, 2.5 PDPs or .25 CEU
Fee: $50
Sign up for all 4 sessions at the same time for $180
Use online discount code WL-4S11 at checkout
The full series provides 10 CE Credits, 10 PDPs or 1 CEU

Thursday, 3/10/11: Helping Children Cope with Stress (S251)
Thursday, 3/17/11: Helping Professionals and Parents Cope with Stress (S252)
Thursday, 3/24/11: Promoting Happiness and Play In and Out of the Classroom (S253)
Thursday, 3/31/11: Reducing Stress Using Theory-Based Techniques and Tips (S254)

Highlight from Recent Mental Health Media Coverage

"Are The Kids All Right?"

Excerpted from the WBUR Series on Children’s Mental Health in Massachusetts that aired from January 31-February 4, 2011

The WBUR series highlighted deficiencies in children’s mental health care in Massachusetts. The last segment in the series featured an in-studio discussion to explore what can be done to improve care in the state.

Learn more at

http://www.wbur.org/2011/01/31/childrens-mental-health-massachusetts

Featured Resource on Childhood Stress

This site has information about health, behavior, and development from before birth through the teen years.

Learn more about childhood stress at


Contact Information

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